



**PRO-CAL<sup>®</sup>**  
**POWDER**

Pro-Cal  
powder



ACBS  GMS

## Description

### Food for special medical purposes

Pro-Cal powder is a powdered, neutral-tasting food fortifier. A blend of protein, fat and carbohydrate, which can be added to a variety of food and drink to enhance the energy and protein content with minimal effect on taste, volume and texture.

## Indications

Pro-Cal powder is for the dietary management of disease related malnutrition, malabsorption states and other conditions requiring fortification with a fat/carbohydrate supplement (with protein).

## Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

15g of Pro-Cal powder = 100kcal and 2g protein

## Preparation Guidelines

Sprinkle Pro-Cal powder onto food or drink, stir until the powder is dissolved.

Not suitable for addition to fruit juice or cold water.

Add 1 - 2 scoops or sachets per serving.

The product should be freshly prepared and consumed immediately. If this is not possible, all prepared products must be tightly covered and consumed within 6 hours at room temperature or within 24 hours if refrigerated.

Discard any unfinished heated product.

Serving suggestions for Pro-Cal powder are available on request.

## IMPORTANT NOTICE

Must only be used under strict medical supervision.

Suitable from 3 years of age onwards.

Not for use as a sole source of nutrition.

For enteral use only.

## Allergen Declaration

Contains Milk (Milk Protein, Lactose)

Gluten free.

## Storage

Store in a cool, dry place. Sachets are designed to be taken as a single dose and should be used once opened.

Once tub is opened use within 1 month.

## Nutritional Information

|                 |                    | Per 100g | Per 15g<br>(1 sachet/scoop) |
|-----------------|--------------------|----------|-----------------------------|
| Energy          | kJ                 | 2764     | 415                         |
|                 | kcal               | 667      | 100                         |
| Fat             | g                  | 55.5     | 8.3                         |
|                 | of which saturates | g        | 5.6                         |
| Carbohydrate    | g                  | 28.2     | 4.2                         |
|                 | of which sugars    | g        | 2.4                         |
| Protein         | g                  | 13.6     | 2.0                         |
| Salt            | g                  | 0.53     | 0.08                        |
| <b>Minerals</b> |                    |          |                             |
| Sodium          | mg                 | 210      | 31.5                        |
|                 | mmol               | 9.0      | 1.4                         |
| Chloride        | mg                 | 250      | 37.5                        |
|                 | mmol               | 7.0      | 1.1                         |
| Potassium       | mg                 | 510      | 76.5                        |
|                 | mmol               | 12.8     | 1.9                         |
| Calcium         | mg                 | 385      | 57.8                        |
|                 | mmol               | 9.6      | 1.4                         |
| Phosphorus      | mg                 | 350      | 52.5                        |
|                 | mmol               | 11.2     | 1.7                         |
| Magnesium       | mg                 | 35       | 5.3                         |
|                 | mmol               | 1.4      | 0.2                         |

## Osmolality

1 sachet (15g) + 100ml water = 145 mOsm/kg

1 sachet (15g) + 150ml water = 101 mOsm/kg

## Pack Sizes / Weight

30 x 15g e sachets - 450g

200 x 15g e sachets - 3kg #

510g e tub

1.5kg e tub #

12.5kg e tub #

## Starter Pack

8 x 15g e sachets - 120g#



# Not GMS approved